

**Name:** Juhi Rani Singh  
**Designation / Course:** Lecturer  
**Department:** Health Psychology  
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### **Brief Profile**

Juhi Rani Singh is a UGC-NET qualified Health Psychologist and Lecturer with experience in teaching psychology and delivering school based mental health programmes. She has worked extensively in student counselling, social-emotional learning, and behaviour-based well-being interventions. Her academic and professional focus includes adolescent mental health, psychological assessment, and integrating mental health support within educational systems.

### **Educational Qualifications**

- M.Sc. Health Psychology – University of Hyderabad (2020 - 2022)
- B.A. Psychology, Mass Communication & Philosophy – Osmania University College for Women (2017-2020)

### **Teaching & Research Experience (past and present)**

- Lecturer & Program Coordinator, Health Psychology – Malla Reddy University (2025 – Present)
- School Psychological Counsellor – Health Basix (2023-2025)
- Development Coach – Nspira Management Services (2022 – 2023)
- Internship Experience – Mind Garden, Sparsh Hospice, Fortis Healthcare (2020 & 2022)

### **Areas of Interest / Specialization (Skills / Expertise)**

- Health Psychology
- Psychological Counselling
- Adolescent & Student Mental Health
- Social-Emotional Learning (SEL) Programmes
- Trauma-Informed Care

### **Major/Minor research projects:**

- **Psychological Impact of COVID-19 on Breast Cancer Patients – A Review**  
(*M.Sc. Health Psychology, University of Hyderabad*)  
A review-based project examining psychological distress, coping mechanisms, and mental health outcomes among breast cancer patients during the COVID-19 pandemic.
- **Parental Involvement and Its Impact on Academic Performance**  
(*B.A. Psychology, Osmania University College for Women*)  
An undergraduate research project exploring the role of parental engagement in students' academic achievement and learning outcomes.

### **Awards/Achievements / Certifications/Memberships/Resource persons**

1. UGC-NET Qualified – Psychology (for Assistant Professor)
2. Gold Medalist – B.A. (Osmania University College for Women)

3. Enthusiastic Performer of the year – Nspira Management Services
4. Certified in Counselling Skills, Trauma & LGBTQIA-Informed Care