

Name: Dr. MUBARAK. H PT



Designation / Course: Assistant Professor / Physiotherapy

Department: Physiotherapy

Institution: SOAHS, MRUH

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Brief Profile (50–80 words)

Holding a gold medal for best outgoing student in Masters of Physiotherapy - Orthopedics and Traumatology from Sri Ramachandra Institute of Higher Education and Research, Chennai. A highly compassionate; student minded and adaptable educator; excellent communication, student handling skills and has ability to work with good team spirit. Impeccable in physiotherapy clinical reasoning and decision making in musculoskeletal condition especially in spine and proficient in manual therapy including articular and soft tissue. Immense curiosity towards research in the field of physical diagnosis and rehabilitation.

Educational Qualifications

- MPT - Orthopedics and Traumatology

Teaching & Research Experience (past and present)

- **Teaching Experience:** 2 years & 4 months and on going

Areas of Interest / Specialization (Skills / Expertise)

1. Human Anatomy & Physiology
2. Physiotherapy in Orthopedics and Traumatology
3. Kinesiology and Patho-Kinesiology
4. Applied Physiotherapeutic sciences
5. Clinical Reasoning and Decision Making in Musculoskeletal Physiotherapy
6. Manual Therapy – Articular and Soft Tissue
7. Research and Biostatistics

Publications - 03

Books/Book chapters – 0

Seminars attended – 05

Workshops attended – 04

Major/Minor research projects: (If applicable)

- Patent Project - Development and validation of clinical prediction rule in diagnosis of cubital tunnel syndrome.

Awards/Achievements / Certifications/Memberships/Resource persons

AWARDS:

- Secured “3rd RANK” in the UG second year university examination (2016-17), which includes Bio- Mechanics, Electrotherapy & Exercise Therapy paper.
- Honored as the “BEST TRAINER” by EDUIDEAL ACADEMY Pvt. Ltd., in May 2023 for being a part in securing Medical and paramedical seats by the academic students (2021-22) at government medical colleges.
- Awarded with PHYSIOTHERAPY EDUCATION FUND GOLD MEDAL for the the best outgoing student in Master of Physiotherapy in the speciality of Orthopedics and Traumatology-2023 by Sri Ramachandra Institute of Higher Education and Research, Chennai.
- FACILITATOR for the 2nd workshop on “INSTRUMENTATION IN MUSCULOSKELETAL RESEARCH” conducted by SRI RAMACHANDRA FACULTY OF PHYSIOTHERAPY, SRIHER - 22nd April, 2023.
- Secured 1st place in Paper Presentation – Faculty Category at VIKASIT PHYSIODOC – INTERNATIONAL PHYSIOTHERAPY CONFERENCE’ 2025 organized by Apollo Physiotherapy College, Hyderabad.

RESOURCE PERSON:

1. Resource person in an online session - “BIOMECHANICS FROM BOOKS TO CLINICALS”, SKILL UP 2022-23 organized by WOW_WONDER_WOMEN In July 2022.
2. Has been a guest speaker for a GUEST LECTURE ON RESEARCH AND THESIS WRITING “Write it Right- Hypothesis to Publication” SESSION 1 on 10th April 2025 organized by School of Physiotherapy MNR University, Sangareddy.
3. Has been an In-House Resource Person for a workshop on “PROTOTYPE DESIGN AND DEVELOPMENT – Emerging Trends and Advanced Approaches in Evidence-Based Practice in Physical Therapy” on 8th May 2025

organized by Department of Physiotherapy, School of Allied and Healthcare Sciences, Malla Reddy University, Hyderabad.