

Name: Priyanka Varma
Designation / Course: Lecturer
Department: Health Psychology
Institution: Malla Reddy University
Email ID: Priyanka.varma@mallareddyuniversity.com



Brief Profile

Priyanka Varma is a UGC-NET JRF and GATE qualified Psychologist and Lecturer with a strong foundation in mental health, psychological assessment, and evidence-based therapies. She is passionate about teaching, curriculum development, and guiding students in the fields of clinical and counselling psychology with practical experience in diverse hospital and rehabilitation settings.

Educational Qualifications

- M.Sc. Clinical Psychology –SGT University (2023 - 2025)
- Bachelor's in Liberal Arts Psychology & Statistics – Savitribai Phule Pune University (2020-2023)

Teaching & Research Experience (past and present)

- Lecturer, Health Psychology – Malla Reddy University (2025 – Present)
- Internship-Cogniable, Gurgaon (Aug–Nov 2024)
- Clinical intern -Deenanath Mangeshkar Hospital, Pune (July 2024)
- Internship-SGT Hospital, Gurgaon (Feb–Apr 2024)

Areas of Interest / Specialization (Skills / Expertise)

- Clinical Psychology
- Psychological Counselling
- Adolescent & Student Mental Health
- Research and Statistics
- Trauma-Informed Care

Major/Minor research projects:

- **The influence of emotional intelligence on decision making style among university students**
(*M.Sc. Clinical Psychology, SGT University*)
Conducted a study as a part of Master's degree thesis by examining the influence of emotional intelligence on decision making style among university students. Academic stress was explored as a mediating factor.
- **Relationship between attachment style & conflict resolution in friendship**
(*B.L.A. Psychology, Savitribai Phule Pune University*)

An undergraduate research project exploring the correlation between attachment styles and conflict resolution among university students.

Awards/Achievements / Certifications/Memberships/Resource persons

1. UGC-NET JRF Qualified – Psychology (for Junior research fellowship & Assistant Professor)
2. GATE XH-C5 Qualified
3. Certified in Psychological first Aid