

## FACULTY PROFILE

**Name:** Karthick T

**Designation / Course:** Assistant Professor / Health Psychology

**Department:** Allied Health Sciences / Health Psychology

**Institution:** Malla Reddy University

**Email ID:** t.karthick@mallareddyuniversity.ac.in



### Brief Profile

Karthick T is a psychologist and academician with experience in mental health counselling, psychological assessment, research, and student wellbeing services. He has worked in reputed institutions including IIT Madras, hospitals, and university settings. His professional focus includes clinical psychology, health psychology, and community mental health initiatives.

### Educational Qualifications

- M.Sc. Clinical Psychology – Sri Ramachandra Institute of Higher Education and Research (2020–2022)
- Postgraduate Diploma in Guidance and Counselling – Annamalai University (2020–2021)
- B.Sc. Allied Health Sciences (Urology Technology) – SRIHER (2016–2020)

### Teaching & Research Experience (Past and Present)

- Assistant Professor / Student Counsellor – Malla Reddy University (Feb 2025–Present)
- Onsite Psychologist – IIT Madras (May 2023–Jan 2025)
- Psychologist – Athma Hospital & Research Centre (2023)
- Psychologist – Chennai Urology & Robotic Institute (2022)

### Areas of Interest / Specialization

- Clinical Psychology
- Psychological Counselling

- Student Mental Health
- Health Psychology
- Research and Psychological Assessment

### **Major/Minor Research Projects**

- Relationship between stigma and expressed emotion among parents of children with Autism Spectrum Disorder (M.Sc. Project)
- Pain perception in correlation with ESWL procedure and stone clearance in relation to stone size (UG Project)

### **Certifications / Trainings**

- Certificate in Somatic Embodiment & Regulation Strategies
- NPTEL – Soft Skills & Personality Development
- NPTEL – Consumer Psychology
- NPTEL – Fundamentals of Health Research



