

Name: Dr. K. Geetha Sree, PT

Designation / Course: Assistant Professor

Department: Physiotherapy

Institution: Malla Reddy University, Hyderabad

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Brief Profile

I am an Assistant Professor in the Department of Physiotherapy at Malla Reddy University with two years of teaching experience and two years of clinical and research experience. I hold a Master's degree in Musculoskeletal and sports Physiotherapy and am currently pursuing a PhD at Malla Reddy University.

I am actively involved in teaching and mentoring undergraduate and postgraduate students, with a strong emphasis on evidence-based practice, clinical reasoning, and research methodology. My academic interests focus on musculoskeletal rehabilitation, postural dysfunctions, and therapeutic exercise interventions. I am keen on contributing to academic excellence, research advancement, and clinical skill development among students.

Educational Qualifications

- Bachelor of Physiotherapy (BPT) – SVIMS University, Tirupati
- Master of Physiotherapy (MPT – Musculoskeletal and sports) – Malla Reddy University, Hyderabad
- Pursuing PhD – Malla Reddy University, Hyderabad

Teaching & Research Experience (past and present)

- Teaching Experience: 2 Years
- Clinical & Research Experience: 2 Years
- Actively guiding Undergraduate (UG) and Postgraduate (PG) students in academics, clinical training, and research work

Areas of Interest / Specialization (Skills / Expertise)

- Musculoskeletal Rehabilitation
- Postural Dysfunction and Ergonomics
- Therapeutic Exercise and Proprioceptive Training
- Sports Injury Prevention and Management

Publications - 01

Books/Book chapters – 0

Seminars attended – 08

Workshops attended – 03

Major/Minor research projects: (If applicable)

- Effect of Neck and Shoulder Proprioceptive Exercises in Forward Head Posture with Non-Specific Neck Pain

Awards/Achievements / Certifications/Memberships/Resource persons

- Gold Medalist in Master of Physiotherapy
- I Prize in Paper Presentation – PhD Scholar Category
- Certified Diversified Needling Therapist
- Certified Diversified Cupping Therapist
- Certified Instrument Assisted Soft Tissue Mobilisation (IASTM)