

Name: MOHAMMED EHTESHAM
Designation / Course: ASSISTANT PROFESSOR
Department: PHYSIOTHERAPY
Institution: MALLA REDDY UNIVERSITY



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Brief Profile

Dr. Mohammad Ehtesham PT is a Physiotherapist specializing in Orthopaedics and Sports Physiotherapy. Assistant Professor at Malla Reddy University and is currently pursuing a PhD from the same institution. Bachelor of Physiotherapy (BPT) from Dr. NTR University of Health Sciences and a Master of Physiotherapy (MPT) in Musculoskeletal and Sports Physiotherapy from Malla Reddy University. completed internships at the Netaji Subhas National Institute of Sports, Patiala, and Suchitra Badminton Academy, and is certified in CDNT, CDCT, CIASTM, CTPP, and CNDS.

Educational Qualifications

- Pursuing a PhD from Malla reddy university.
- Master of Physiotherapy (MPT) in Musculoskeletal and Sports Physiotherapy.
- Bachelor of Physiotherapy (BPT) from Dr. NTR University of Health Sciences.

Teaching & Research Experience (past and present)

- 2 Years of Teaching Experience.

Areas of Interest / Specialization (Skills / Expertise)

- Musculoskeletal and Sports Physiotherapy
- CDNT, CDCT, CIASTM, CTPP, and CNDS.

Publications- 0

Books/Book chapters – 0

Seminars attended – 5

Workshops attended – 08

Major/Minor research projects: (If applicable)

THESIS WORK:

“Effectiveness of McConnell Patellofemoral Joint Taping Along with Strength Training In Patellofemoral Pain Syndrome on Collegiate Football Players”.

PROJECT WORK:

“Role of physiotherapy on iliotibial band syndrome in runners”

Awards/Achievements / Certifications/Memberships/Resource persons

- INTERNATIONAL PHYSIO CONFERENCE- VIKASIT PHYSIODOC- 2025 YOUNG ACCHIVEMENT AWARD.

OVERVIEW OF WORKSHOPS ATTENDED:

- Certified as “**LOWER QUARTER-1 CLINICAL NEURODYNAMICS**” by “**Neurodynamic Solutions Clinical Neurodynamics Education**”-**JULY 2023.**
- Certified as “**UPPER QUARTER-1 CLINICAL NEURODYNAMICS**” by “**Neurodynamics Solutions Clinical Neurodynamics Education**”-**JUNE 2023.**
- Certified as “**THERAPEUTIC TAPING PRACTITIONER**” From “**International Academy for Health & Science**” -**JUNE 2023.**
- Certified as “**DIVERSIFIED CUPPING THERAPIST**” From “**Cortex Sports Therapy Association**” -**MAY 2023.**
- Certified as “**DIVERSIFIED NEEDLING THERAPIST**” From “**Cortex Sports Therapy Association**”- **MAY 2023.**
- Certified as “**IASTM THERAPIST**” From “**Cortex Sports Therapy Association**”- **MAY 2023.**
- Two days training on **MECHANICAL, RADIOLOGICAL DIFFERENTIAL, DIAGNOSIS & ITS RATIONALE FOR MANUAL THERAPY IN SPINE & SACROILIAC JOINT- JUNE 2022.**
- Participated in a Workshop at **Mahavir Hospital** in 2018 on “**Integrated evaluation and management of spinal dysfunctions and spinal pathologies**”.

ATTENDED CONFERENCES:

- Attempted seminars at **GANDHI HOSPITAL** IN 2015.
- Participated “**SPORTS CON 2022**” Conducted by **Department of Physiotherapy & Orthopedics Yashoda Hospital. Secunderabad - SEPTEMBER 2022.**
- Participated “**SHOULDER 360°**” at **Continental Hospital Gachibowli -AUGUST 2023.**
- Participated “**SPORTS MED 2023**” Conducted by **Department of Physiotherapy & Orthopedics Yashoda Hospital Hi-tec City - SEPTEMBER 2023.**