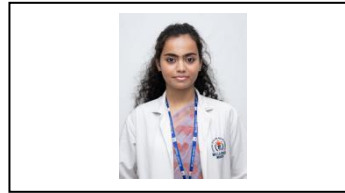


Name: Dr. MUBEENA BANU. N PT



Designation / Course: Assistant Professor /
Physiotherapy

Department: Physiotherapy
Institution: SOAHS, MRUH

Email ID: mubeena_banun@mallareddyuniversity.ac.in

Contact Number: 7358225669

Brief Profile (50–80 words)

Holding a gold medal for best outgoing student in Masters of Physiotherapy - Women's Health from Sri Ramachandra Institute of Higher Education and Research, Chennai and with a Bachelor's Degree in Physiotherapy from Madras Medical College, Chennai. A great passionate Teacher interested in facilitating and brainstorming young minds towards professional enrichment in the field of physiotherapy and research.

Educational Qualifications

- MPT - Women's Health
- PGD - Sports Nutrition and Fitness

Teaching & Research Experience (past and present)

- **Teaching Experience:** 2 years & 4 months and on going

Areas of Interest / Specialization (Skills / Expertise)

1. Kinesiology and Patho-Kinesiology of pelvis and lumbar spine
2. Female sexual dysfunctions
3. Dysmenorrhea and reproductive dysfunctions
4. Unexplained Infertility
5. Pelvic floor dysfunctions
6. Innovations and technological advancements in pelvic floor and core muscle
7. Research and Biostatistics

Publications - 04

Books/Book chapters – 0

Seminars attended – 15

Workshops attended – 05

Major/Minor research projects: (If applicable)

- Patent Project - Development and validation of clinical prediction rule in diagnosis of cubital tunnel syndrome.

Awards/Achievements / Certifications/Memberships/Resource persons

AWARDS:

- Has been awarded Physiotherapy Education Fund Gold Medal for the best outgoing student, in Masters of Physiotherapy- Women's Health in the year 2023
- Secured 2nd place in Paper Presentation – Faculty Category at VIKASIT PHYSIODOC – INTERNATIONAL PHYSIOTHERAPY CONFERENCE' 2025 organized by Apollo Physiotherapy College, Hyderabad.

RESOURCE PERSON:

- Has been a guest speaker on the Topic “PELVIC FLOOR FROM MENARCHE TO MENOPAUSE- HORMONAL INTEGRITY AND INFLUENCES)” Organized by JOSH CLINIC AND CPSGW (2022)
- Has been a resource person for a MENSTRUAL AND REPRODUCTIVE WELLNESS PROGRAM organized by Sociological Society, DG Vaishnav College, Chennai in the year 2023.
- Has been a resource person for a National Level Conference on Advance Physiotherapy and Rehabilitation in STEER'23 organized by Physiotherapy Professional Confederation, Madurai on the topic “Breathe the Floor- The Respiratory and Pelvic Floor Muscle- Does any correlation exist?”
- Has been a resource person for Symposium on Pain, on the topic “Understanding The Pain for Better Patient Care” organized by the Health specifics Academy in the year 2023
- Has been a resource person for Physiotherapy Seminar Series, in Government College of Physiotherapy. Government Institute of Rehabilitation Medicine, Chennai on the topic “Treatment Based Classification Approach” in the year 2024
- Has been the resource person for the National Level Symposium on Musculoskeletal Pain- Pregnancy and Beyond organized by Sri Ramachandra Faculty of Physiotherapy, SRIHER Chennai in the year 2024
- Has been a resource person for the National Level Physiotherapy Conference on Blooming Women's Health- Emerging Trends in Physiotherapy WOMCON 2024 organized by Srinivas University, Institute of Physiotherapy, Karnataka in the year 2024.

CERTIFICATIONS AND SPECIALIZATIONS:

- CERTIFIED IN INVASIVE PELVIC FLOOR SPECIALIST (WOW IIPRE-India) 2022
- CERTIFIED IN ANTE-NATAL AND POST NATAL FITNESS (IHFE- India)2021
- CERTIFIED IN CHILD BIRTH EDUCATION (WOW IIPRE- India) 2021
- CERTIFIED IN FEMALE SEXUAL HEALTH REHABILITATION (WOW IIPRE-India) 2020
- CERTIFICATE PROGRAMME IN CLINICAL LEARNING AND RESEARCH METHODOLOGY (ICLR/IHFA/Dayanada Sagar University/Core Physio) 2020
- CERTIFIED IN REPRODUCTIVE HEALTH REHABILITATION FOR WOMEN (WOW IIPRE- India) 2020